Maternity Care



Carefree maternity time

We would like you to feel relaxed, happy, and content in the period after giving birth to your baby. Our professional maternity nurses will make sure you can fully enjoy this special time. We think it is important to take your personal needs and wishes into account. Our nurses put their heart into their work and are all eyes for you, your newborn, and your family. They provide peace and confidence; exactly what you need during your maternity period.

We will be there for you as soon as your baby announces itself. Our maternity nurse will assist the midwife when you are in labour. She will care for you and your baby after the birth, help you with breastfeeding or formula, and provide information and education about newborn care. She will take care that you can enjoy your postpartum period to the fullest.

Consultation at your home

One of our consultants will contact you for an intake interview at your home in the seventh month of your pregnancy. This moment is meant to discuss your wishes and the possibilities in the maternity period. It is important to note that you and your family are in control. We are here to support you during this special time.

de Zorgboog

Customised maternity care

You will receive a reimbursement for maternity care from the general health insurance. On average, the number of hours of maternity care is between 24 and 49 hours, spread over eight days. The exact amount of hours depends on your situation and family composition. The consultant for maternity care will discuss this during the intake interview. After the delivery, together with the maternity nurse and the midwife, you can discuss if the planned number of hours is sufficient.

Educational videos, courses, and information

Visit our website www.zorgboog.nl/kraamzorg for information on pregnancy, the maternity period, client experience, and courses. You can also find interesting flyers and educational videos online. For the latest news and practical tips, we have a Facebook page and Instagram account.

Follow us on:

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Zorgboogextra

Zorgboogextra is the membership organization of de Zorgboog. Zorgboogextra offers an additional package of courses and services, or a discount, for young parents (to be). For more information, visit www.zorgboogextra.nl.





Apply for maternity care

Are you expecting a baby? Congratulations! A wonderful new life experience, which can be quite overwhelming. *De Zorgboog* is there to support you with care, advice, and information regarding pregnancy, childbirth, and the maternity period.

If you want to assure your family of our professional care, you can now enroll digitally at **www.zorgboog.nl/kraamzorg** or call **0492-50 48 76** during office hours.



Contact us

Any questions considering maternity care? Ask us all about the possibilities during office hours by phone: **0492 - 50 48 76** or e-mail: **kraamzorg@zorgboog.nl.**

24/7 Accessibility

De Zorgboog is available 24 hours a day, 7 days a week at **0900 - 559 35 55**, for assistance during labour and maternity care.







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